

IT'S A WRAP

PRESIDENT'S MESSAGE

Dear Friends of WRAP,

Welcome to the third edition of IT'S A WRAP 2023! As the dog days of Summer are coming to an end, we can look back at all the fun activities that we enjoyed with our families and friends. This is the time of year that our Westies look forward to shorter haircuts, cooler treats (e.g., watermelon, strawberries), and more outside activities (including more walkies, more sniffing, more sunbathing, and riding trains)! Hope you all had time for some nice rest and relaxation before the holidays are upon us.

The rescue and placement activities this Summer have been super slow. We assume this means that all the Westies in Northern California are living in forever homes and are not in need of our rescue services. However, we still are looking for a loving foster and/or forever home for little Archie. He was terrified and traumatized when we picked him up at the shelter, but he has made great progress under the care of Auntie Barbara M. Read the Rescue News section of this newsletter for more details.

Autumn is in the air...can only mean one thing...**WRAP Autumn Fun Day!** This year it will be held on **Saturday, October 21st at Hap Magee Ranch Park in Danville, CA.** We will be co-hosting the event with the Golden Gate Scottish Terrier Rescue Group. We will have the usual meet, greet, walk, parade in Halloween doggie costumes and potluck lunch. Come early to help set up, drink coffee, eat breakfast treats and find an ideal place to set up your chairs. Let me know if you want to volunteer at this event this year. Read the Fun & Fundraising section of this newsletter for more details.

Lastly, our 2024 WRAP Westie Calendar will only be possible if we have photos of your cute Westies. Help us make this happen so we have another year to admire these spunky little white dogs each month. Read the Fun & Fundraising section of this newsletter for more details.

Please let me know if you have any thoughts you need/want to share with me at susan.acevedo@westierescuenorcal.org .

Regards,

Susan Acevedo (WRAP President)



and Hamish (train conductor)

FUN & FUNDRAISING

2023 WRAP Summer Walk in the Park & Train Ride

On Saturday, August 12th we celebrated summer by having a walk in the park event at Oak Meadow Park in Los Gatos, CA.

The Oak Meadow Park is located off Blossom Hill Road and University Ave in Los Gatos, This 12-acre park has:

- Access to Vasona County Park and the Los Gatos Creek Trail
- BBQ and picnic facilities
- Billy Jones Wildcat Railroad
- Bocci ball courts
- Large grass field
- Large playground area with a real, decommissioned USAF T-33 Jet
- W.E. Bill Mason Carousel

We set up our table under a beautiful tree with plenty of shade near the parking lot (no fees required on this day). Many new Westie families and friends joined us (including some folks that came all the way from Folsom/Roseville). We made an impression on the families with small children walking to the nearby playground...so many little white dogs!!

The walk was led by Susan A. and Hamish. All the Westies and their humans began the walk with some Highland bagpipe music to inspire them. We stopped at the bandstand to rest and take a group photo.



We resumed the walk past the train station and back to the starting point. We walked around the park pathway two more times before it was time to board the Westie Express.

We walked to the Billy Jones Wildcat Railroad train station and queued up while the tickets were distributed. We boarded and off we went with Westie fur blowing in the wind! No one jumped out to chase a squirrel or two. Safe to say both humans and canines enjoyed the ride.



Thanks to Will Whitney for filming the walk and train ride. Click on the link to see the video:
<https://drive.google.com/file/d/1EFSxIQN6fxSfdbHPr2ueUyWWm08oIUva/view?ts=64f4d04b>

It was a beautiful day for a walk and train ride...we hope to do this again real soon!

If you have a local park that you recommend for our next walk in the park, please let us know.

2023 WRAP Autumn Fun Day

Get ready for our annual WRAP Autumn Fun Day on Saturday, October 21, 2023 at Hap Magee Ranch Park (located off Interstate 680 at 1025 LA GONDA WAY, DANVILLE, CA).

JOIN US IN CELEBRATING THE AUTUMN SEASON WITH FAMILY AND FRIENDS STARTING AT 10AM. COME EARLY TO HELP SET UP, DRINK COFFEE AND EAT BREAKFAST TREATS (PROVIDED BY WRAP). BRING YOUR WESTIES, SCOTTIES AND THEIR DOG FRIENDS TO TAKE A SHORT WALK AROUND THE PARK FOR A LITTLE EXERCISE. WE PLAN ON HAVING EXERCISE PENS FOR THE DOGGIES NEAR THE PICNIC TABLES. THERE IS ALSO A SMALL DOG PARK FOR DOGGIES THAT PREFER TO RUN AND PLAY OFF LEASH. BE SURE TO PACK YOUR DOGGIE COSTUME(S) AND ENTER YOUR PUP(S) IN THE HALLOWEEN COSTUME CONTEST FOR A CHANCE TO WIN A PRIZE. THERE WILL BE MANY OPPORTUNITIES TO POSE FOR PHOTOS (WITH AND WITHOUT HALLOWEEN COSTUMES), MEET UP WITH OLD FRIENDS AND MAKE NEW FRIENDS. FINALLY,

STAY AND ENJOY THE POTLUCK LUNCH (BEVERAGES AND DESSERT PROVIDED BY WRAP). ALL THIS IN SUPPORT OF WESTIE AND SCOTTIE RESCUE!

PLEASE DON'T FORGET TO BRING YOUR DOGGIE COSTUMES, PLAY PENS, LAWN CHAIRS AND A SIDE DISH TO SHARE!



OCTOBER 2023 WRAP FUN DAY

SATURDAY, OCTOBER 21, 2023

Hap Magee Ranch Park
1025 La Gonda Way
Danville, CA 94526

Start celebrating the Autumn season with Westie & Scottie family/friends at 10am.

Take a short walk, enjoy doggie playtime (exercise pens & small dog park), compete in the Halloween costume contest and win prizes, take photos, make friends, enjoy the potluck lunch, and support Westie & Scottie Rescue!

Please bring your doggie costumes, play pens, lawn chairs and a side dish to share!

FREE
ADMISSION

Walk

Run

Play

Pose

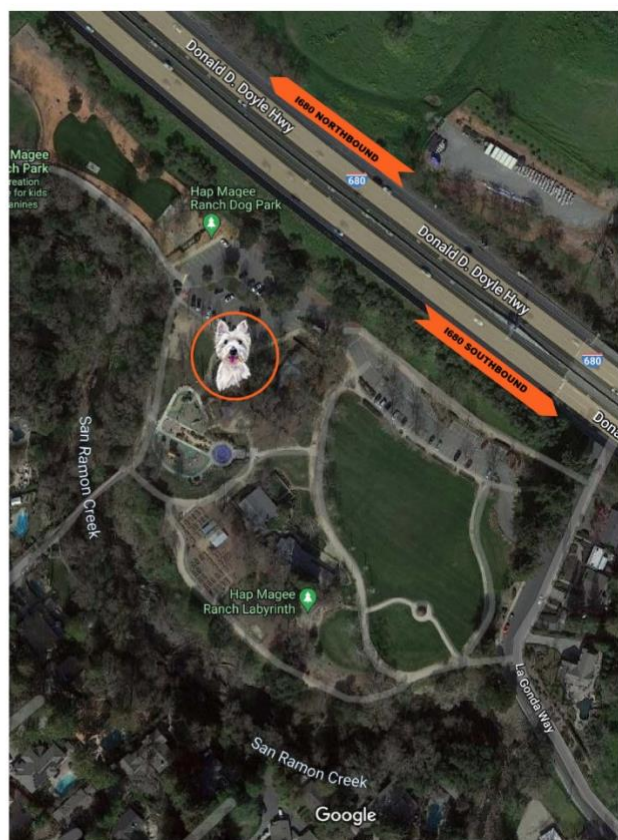
Compete

Win Prizes

Eat & Drink

Support Rescues

Sponsored by
Westie Rescue And
Placement (WRAP) of
Northern California
&
Golden Gate Scottish
Terrier Rescue
(501c3 non-profits)



2024 WRAP Calendar

We are getting ready to design and publish our 2024 WRAP Calendar for all of you and your families/friends to enjoy. Soooo...please submit your photos of your Westies as soon as possible!

Look through your files of digital photos, our WRAP Facebook page photos, and/or get your camera/iPhone out and start taking some photos of your favorite Westie(s). No need for a formal sitting with a professional photographer...just catch your fur-baby posing, sleeping, playing, bathing, being naughty, etc.

If you have one or more high resolution photos you would like to submit for consideration, send them **before October 30th** to Susan Acevedo at susan.acevedo@westierescuenorcal.org

We plan to take orders and print in November so we can deliver in time for Christmas...watch your email and/or our Facebook page for notifications.

RESCUE NEWS



Archie- Archie came to rescue from a Bay Area shelter 3 months ago on June 24th. He is about 5 years old. Unfortunately, he had been badly traumatized prior to coming to rescue. He has made tremendous progress but he continues to need work. He is good with most dogs his size (It took a while, but he and Annabelle play daily.) but is very wary of people. He does not bite and is crate trained and walks on a leash. **We are looking for a long-term foster home or forever home.** Archie is basically a good dog but is scared with people he does not know. My guess is he was abused by people. Once he knows you, he will cuddle. If you are willing to foster, the Rescue will pay Archie's bills. He is neutered and up to date on his shots, and house trained. Call or email Barbara if you can help or want more information. bgmordy@comcast.net 1-408-242-0990

DONATIONS

- Thank you to all the individual donors who have given cash or written personal checks.
- Unfortunately, AmazonSmile is no longer an option. Amazon has discontinued the program.
- Donations can be made on our webpage. **Please DON'T make donations via Facebook.**
- Finally, we want to thank all of you that have designated WRAP as your charity of choice for donation dollars at your workplace

Green Vegetable "Goo" for Dogs

By Ramona Rule

Many years ago, we had a dog on a Raw diet. He needed supplements to complete his diet. A company in Northern CA carried many kinds of raw food and supplements for dogs – and had a local distributor. Although we did not purchase raw meat from this company, we did buy the vegetable supplement. Ordering, and finding a meeting place to pick up the supplement became a hassle – not to mention that the distributor was always late!

One day, I looked at the ingredients and thought, "I can make this myself!" Somehow, it became known as Green Goo! I do not have Green Goo exact measurements, but I will provide a list of the vegetables and an estimate of the amount. I do not think exact amounts matter, except for the spinach.

Spinach is high in Oxalic Acid, and which blocks the ability to absorb calcium and can lead to kidney damage in dogs. Many sources agree that a dog would have to eat large quantities of spinach to cause damage. I have not had kidney problems with our dogs, but you should not include the spinach if you are concerned, or have a dog with elevated kidney values. The benefits of spinach are that it contains fiber, Vitamins A, B, C, and K, and iron. It is good for energy and the immune system.

Vegetables (Fresh): Green beans, Zucchini, and Romaine lettuce. I usually fill a bag in the produce department with green beans and another with zucchini. I typically use 4-5 heads of Romaine lettuce. I also add a 5-10 oz container of Earthbound Farm Organic Spinach. I try to use all organic vegetables. Then, wash and clean the veggies, and, using a food processor, mix it all together until all vegetables are finely chopped. You will usually have 3-4 batches in the food processor, depending on the size of your food processor. I stir the mixture all together and freeze in quart containers. The dogs receive 1 Tablespoon with each meal.

I have to add that since I have started adding this vegetable mixture to their diet, many more of our dogs have lived to be 15-16 years. Coincidence? Maybe. Maybe not.

ANNOUNCEMENT

If anyone has any articles or topics for the newsletter, let us know. Email bgmordy@comcast.net.

WRAP

Officers and Board of Directors for 2022-23 are:

President: Susan Acevedo

Vice President: Barbara Mordy

Secretary: Ramona M. Rule

Treasurer: David Snook

Board Members: Marilyn "Maggie" Halberg, Richard Cory

The WRAP Committees for 2020 and some of the volunteers:

Fundraising Committee (including Activities, Events and Sponsorships):

Linda Snook, Susan Acevedo, Teresa Houseworth, Vacancies

Program Operations Committee (including Surrender, Foster Care and Adoptions): Barbara Mordy, Tony Devol, Susan Acevedo, Ramona M. Rule.

Communication Committee (including Email, Website, Newsletter, Photography, Social Media, Liaisons):

Webmaster- David Sklar

Group Email- Tony Devol

Newsletter- Barbara Mordy, Tony Devol, Suzanne Wilsey

Photography- Bill O'Such

Social Media- Facebook - Barbara Mordy

Liaisons- David Snook, Barbara Mordy

Please consider volunteering your time by serving on one of the committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact any of the Chairs, Officers or Board Members listed above.

IT'S A WRAP will be published at least four times per year in March, June, September and December. We encourage friends and supporters to submit articles, photos, brags, and other Westie related information that they feel would be of interest to our readers. Please send the material to the Editor by the first of the month in which the newsletter issue is scheduled to be published to allow enough time for the volunteers and the Editor to do their magic! When submitting items for publication, please have all photos camera ready (.jpeg formats are preferred). All copy should be submitted in a widely accepted electronic format such as MS Word. If you are unable to provide your material in the preferred formats, contact the Editor Barbara Mordy at bgmordy@comcast.net.

All material submitted will be published at the discretion of the Editor and may be edited to fit the available space. Opinions are always those of the author/submitter and do not necessarily reflect those of the Editor or Board of Directors.

Until next time....IT'S A WRAP!!